

# One True Self

LOVING YOURSELF AND OTHERS

## Recommended Reading & Viewing

Viewing: *The Secret*

*What the Bleep Do We Know*

Very Basic Reading:

*Wisdom of the Mystic Masters* by Joseph J. Weed

*The Life Everlasting* by Marie Corelli

*Magic of the Mind* by Louise Berlay

*Power of Awareness* by Neville Goddard

*The Seven Spiritual Laws of Success* by Deepak Chopra

*Angels 101* by Doreen Virtue

*Game of Life and How to Play It* by Florence Shovel Shin

*The Field* by Lynn McTaggart

*Life and Teachings of the Mystic Masters* by Baird T. Spalding

*The Sedona Method* by Hale Dwoskin

*The Power of Now* by Eckhart Tolle

*Spiritual Growth* by Sanaya Roman

*Autobiography of a Yogi* by Paramahansa Yogananda

*Power vs Force* by David Hawkins

*The Hidden Messages in Water* by Masaru Emoto

*Alchemical Healing* by Nicki Scully

*The Secret Teachings of the Mystic Masters* by Manly T. Hall

*Tao Te Ching* by Lao Tsu



'Cosmic Ocean' by  
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