

Acupuncture was introduced by the Chinese for treating health issues



How does the house affect your health?

DRAGON-GATE FENG SHUI, LLC

Your Health and Feng Shui

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Feng Shui is a perfectly suited science that has been developed for assessing the home and surrounding environment for health issues.

Exterior forms that will affect health are:

- Roads
- Water features
- Location of an outdoor kitchen
- Mountains
- Storm drains
- Nearby highways and freeways
- Ground elevations, high or low
- High-tension towers
- Rocky ground
- Home squeezed between tall buildings
- Location of an outdoor fireplace
- Sickie-shaped driveway
- Too much ivy/foilage growing on the brick or stucco
- Dry streams
- Columns blocking the main door
- Fast-moving rivers and the main door degree.

Internal forms that affect your health are:

- Placement of the kitchen
- Stove location and direction
- Bed direction
- Too many windows
- Too little light
- Toilet in the center of the house
- Low beams directly over your bed
- Location of an outdoor fireplace
- Toilet too close to the kitchen, or above the kitchen
- Bedroom location
- Negative door degrees internally

Road Formations

One of the most toxic formations for health is a T-Juncture road, this is very serious. This formation is a road leading directly to the main door. People can get very sick as the chi is over-whelming for the occupants, and the nervous system is often affected. There are many road formations that can cause many different problems with health. Classical Feng Shui has developed numerous formulae to determine what the site will indicate for the householders. For example, a sickle-shaped driveway will often cause unusual diseases that are difficult to diagnose. Certain landforms can cause difficulty in conceiving, miscarriage, stomach problems and female problems

The Center of the Home

Internal forms that can cause health problems are "fire", "water" or a "mountain" in the center of the house. Several examples are:

FIRE: A fireplace or kitchen in the center of a house can cause high-blood pressure

or heart attacks.

INTERNAL MOUNTAIN: A staircase in the center of the house can cause problems with the back, spine and skeletal system.

WATER: Water in the center of the house, such as an atrium, laundry room or guest bathroom can cause problems with the blood or kidneys.

It is important to note that these types of internal forms can take up to 18 months or longer after moving into the house to manifest, and they tend to culminate.

Health, Money & Relationships

One of the best methods to improve health is to move the stove location and direction. An improper placement of the stove can indicate serious health issues. The direction the stove faces can also portend serious disease like breast, throat, stomach, or lung cancer.

The Chinese place a huge importance on the stove and kitchen. The location of the kitchen and stove, and the stove direction can significantly influence and identify specific health and monetary issues. When you know your good and bad directions, you can begin to use them in specific ways to improve health, money and relationships.

Interestingly, the bed direction can drastically impair or improve health. The Eight Mansions system addresses directions and locations that assist or hurt us. The calculation of the Eight Mansions is based on your birthday which provides four good directions and locations, and four bad ones. There are three main areas of the house that will determine the health of the household-



Staircase in the center of the house can cause health problems

ers—the main door, the bed direction, and the stove's location and direction.

Feng Shui Health Basics in Three Steps—Bad, Bad, and Good!

First, through the Eight Mansions system the kitchen is located in one of your bad locations. Secondly, the stove is placed (within the kitchen on the micro level) in another bad location. Third, the stove direction is placed to face a *good* direction



The proper placement of the kitchen and the stove are very important!

for you. This sounds complex, but it is simple and has profound results. The result improves money and health. Most people are aware that Feng Shui addresses these areas of life, but may not know there is so much in Feng Shui that considers health.

I have seen incredible results through relocating and/or re-positioning a stove. My clients always ask, "Why is the stove and bed so important in Feng Shui?" Since the stove is where we prepare our food for nourishment, this is also where we get *fuelled up*. Comparably, the bed direction should also give proper support, as this is where we spend several hours a day re-charging our bodies and the internal organs detoxify. Specifically, the liver begins its detoxification cycle around 2:00 am. If the bed is not placed and/or located correctly, sleep can be difficult. Subsequently, we may be wide awake counting sheep at 2:00 am, and by continuously missing detoxifying cycles, place great strain on our health.

Flying Stars is another system in Classical Feng Shui that has many formulas that assess health. There are nine numbers used and they are "flown" in a specific sequence, and placed over the floor plan. Each number represents certain body organs and affiliated disease. For example, the number seven represents the lungs and respiratory system, thus the main sickness for a seven is tuberculosis, lung disease, ailments of the nervous system, over/under sexed, and the teeth.

Symptoms and health problems associated with this number could indicate difficulty in birth, suicide by hanging, AIDS, sexual diseases, infection in the lungs, face scars, the sex business, mouth cancer, and throat cancer. Important areas of the house to look at are the kitchen, bedroom and where water is placed on the property.